

**CA - MEAL PERIOD WAIVER UNDER 6 HOURS  
(for shifts not more than 6 hours)**

This waiver only applies when there is a mutual agreement and consent between the employee and the supervisor.

I understand that California law requires employers to make available an unpaid 30-minute meal period free of work duties no later than the end of an hourly employee's fifth hour of work.

I have been advised that I am allowed to waive my meal period whenever I work not more than six (6) hours.

I have further been advised that I may rescind this waiver by providing my supervisor written notice of my intent to take a meal period before the end of the fifth hour of work and I clock out and in for the meal period.

As of the date of this waiver and until further notice, I have elected to waive my meal period every time I work not more than six (6) hours.

I understand that this waiver does not apply when I work more than six (6) hours. Whenever, I work more than six (6) hours, the law does not permit a waiver of the first unpaid 30 minute meal period. When I work more than 6 hours, I understand that I am authorized and permitted to take an unpaid meal period of no less than 30 minutes by the end of the fifth hour of work. I understand that I must clock out and back in for meal periods that I take, or promptly explain to a representative of the Olympic Staffing Services why the meal period was not taken or the meal time not recorded on the clock.

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date