

**CA - MEAL PERIOD WAIVER FOR 10 TO 12 HOURS
(for work shifts of 10 or more hours and less than 12 hours)**

This waiver only applies when there is a mutual agreement and consent between the employee and the supervisor.

Both California law and Olympic Staffing Services policy require a first unpaid 30-minute meal period (during which time employees are relieved of all duty and free to leave the premises or do as they please) no later than the end of an employee's fifth hour of work, and a second meal period no later than the end of an employee's tenth hour of work.

I understand that it is Olympic Staffing Services policy that these two (2) meals periods (of not less than 30-minutes) may NOT be combined into one meal period.

I have been advised **that if, and only if, I took my first 30-minute meal period during the first five hours** I am allowed to waive my **second** meal period whenever I work more than ten (10) but less than twelve (12) hours. I have further been advised that I may rescind this waiver by providing my supervisor written notice of my intent.

As of the date of this waiver and until further notice, I have elected to waive my meal period every time I work more than ten (10) hours but less than twelve (12) hours.

I understand that this waiver does not apply if I work twelve (12) or more hours. Whenever I work twelve (12) or more hours, I must take a **second** meal period, of no less than 30 minutes, before the end of the tenth hour worked.

Employee Name (print name clearly)

Employee Signature

Date